



THE LENTEN FAST

“The holy spiritual struggle” or “Drawing closer to God”

PART	THEME	WEEK	WEEK'S THEME	WEEKDAYS					WEEKEND		Sunday's Gospel Reading
				The Holy Spiritual Procession					The Savior's Grace		
				Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
ONE	The features of the procession / struggle	1	Preparation for Procession	Reject evil Mk 9:33-50	Cleave to good Lk: 12:41-50	Love & give Lk 6:35-38	Grow in spirit MK 4:21-29	Pray & submit LK 11:1-10	Be perfect Mt 5:38-48	Seek the Kingdom Mt 6:19-33	“Do not lay up treasures...Seek 1 st the Kingdom...”
		2	Nature of Procession: STRUGGLE	Pray always Lk 18:1-8	Follow Christ Mk 10:17-27	Assurance Mt 15:32-38	Reject, give & follow Mt 19:16-30	Build on rock Lk 6:39-49	Difficulties on the road Mt 7:13-21	Victory Mt 4:1-11	Temptation in the Wilderness
		3	Purity of Procession: REPENTANCE	Confession of repentance Lk 11:33-36	Righteousness of repentance Jn 8:31-39	Temptation of repentance Lk 4:1-13	Judgment of repentance Jn 12:44-50	Faithfulness of repentance Lk 11:14-26	Forgiveness of repentance Mt 18:23-35	Acceptance of repentance Lk 15:11-32	The Prodigal Son
		4	Constitution of Procession: THE GOSPEL	Spirit of the Gospel Lk 16:1-9	Spreading the Gospel Lk 9:57-62	Peace of the Gospel Mk 4:35-41	Light of the Gospel Lk 18:35-43	Faith in the Gospel Mt 15:21-31	Works & fruits of the Gospel Mt 21:33-46	Glory of the Gospel Jn 4:1-42	Samaritan Woman
TWO	The fruits of the struggle	5	Target of Procession: FAITH	Submission in faith Lk 9:12-17	Service in faith Jn 8:12-20	Hope in faith Lk 13:6-9	Freedom through faith Lk 13:10-17	Sentence of faith Jn 8:21-27	Guidance by faith Mt 23:13-39	Strengthening the Faith Jn 5:1-18	Healing the Paralytic
		6	Identity in Procession: BAPTISM	Repentance & baptism Lk 13:1-5	Witnessing in baptism Lk 9:18-22	Judgment of baptism Lk 11:45-52	Life of baptism Jn 6:47-71	Rebirth in baptism Jn 3:1-13	Salvation of baptism Mk 10:46-52	Enlightenment of baptism Jn 9:1-41	Healing the Man Born Blind
		7	End of Procession: SALVATION	Savior's Witnesses Jn 5:31-47	Confessing the Savior Jn 12:36-43	Faith in the Savior Jn 6:35-45	Savior's resurrection Mk 12:18-27	Savior's judgment Lk 13:31-35	Savior's blessing Jn 11:1-45 Raising of Lazarus	Savior's salvation Mt 21:1-17 Mk 11:1-11 Lk 19:29-48 Jn 12:12-19	Triumphant Entry into Jerusalem PALM'S SUNDAY